

BIEG BIEGAMBOLUBIĘ LASY – CHOJNÓW 2021

Organizator: Lasy Państwowe

Data: 2021-07-18

Dystans: 10km

Klasyfikacja: Open

| M-ce | Nr zaw. | Nazwisko Imię | Miejscowość | Klub | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | Czas netto | Wynik | M | K |
|------|---------|------------------------------|---------------------|-----------------------------|------|------------|-----------|------------|--------------|------------|------------|-----------------|----|---|
| 1 | 569 | GRABOWIEC ARKADIUSZ | WARSZAWA | Rącze Raciczki | POL | 2000 | M16-35 | 1 | 3:45 | 16,0 | 00:37:34 | 00:37:34 | 1 | |
| 2 | 594 | SOBCZYK GRZEGORZ | KOZIENICE | WKZ KOZIENICE BBL | POL | 1989 | M16-35 | 2 | 3:56 | 15,2 | 00:39:21 | 00:39:21 | 2 | |
| 3 | 528 | GOZDEK RADEK | WARSZAWA | BieganiePo40.pl | POL | 1973 | M36-55 | 1 | 3:58 | 15,1 | 00:39:41 | 00:39:39 | 3 | |
| 4 | 516 | CIESIELSKI MARIUSZ | GRODZISK MAZOWIECKI | Instytut Badawczy Leśnictwa | POL | 1988 | M16-35 | 3 | 4:03 | 14,8 | 00:40:30 | 00:40:31 | 4 | |
| 5 | 512 | BUDNICKI RAFAŁ | WARSZAWA | Dream Run | POL | 1985 | M36-55 | 2 | 4:04 | 14,7 | 00:40:44 | 00:40:44 | 5 | |
| 6 | 546 | KOZŁOWSKI WŁODZIMIERZ | SUŁKOWICE | | POL | 1980 | M36-55 | 3 | 4:05 | 14,7 | 00:40:51 | 00:40:52 | 6 | |
| 7 | 545 | KOZŁOWSKI PATRYK | | | POL | 1978 | M36-55 | 4 | 4:07 | 14,6 | 00:41:10 | 00:41:10 | 7 | |
| 8 | 607 | TARAS MARCIN | WARSZAWA | | POL | 1982 | M36-55 | 5 | 4:13 | 14,2 | 00:42:13 | 00:42:14 | 8 | |
| 9 | 551 | KULIK JACEK | GRODZISK MAZOWIECKI | Dogoń Grodzisk Mazowiecki | POL | 1963 | M56+ | 1 | 4:14 | 14,2 | 00:42:19 | 00:42:20 | 9 | |
| 10 | 600 | SZCZYGIELSKI HUBERT | KRĘPA | | POL | 1981 | M36-55 | 6 | 4:15 | 14,1 | 00:42:35 | 00:42:35 | 10 | |
| 11 | 566 | NIEDZIŃSKI MARCIN | MAKÓWKA | Dogoń Grodzisk Mazowiecki | POL | 1977 | M36-55 | 7 | 4:21 | 13,8 | 00:43:34 | 00:43:35 | 11 | |
| 12 | 563 | MICHALAK SYLWESTER | SZCZĘSNE | Dogoń Grodzisk Mazowiecki | POL | 1976 | M36-55 | 8 | 4:24 | 13,6 | 00:44:02 | 00:44:04 | 12 | |
| 13 | 514 | CHMIEL PRZEMYSŁAW | WARSZAWA | Albatrosy | POL | 1978 | M36-55 | 9 | 4:27 | 13,5 | 00:44:24 | 00:44:27 | 13 | |
| 14 | 533 | KACZKOWSKI KRZYSZTOF | KOZIENICE | WKZ KOZIENICE BBL | POL | 1983 | M36-55 | 10 | 4:29 | 13,4 | 00:44:55 | 00:44:55 | 14 | |
| 15 | 536 | KNYCHAS DAREK | WARSZAWA | PZU Sport Team | POL | 1973 | M36-55 | 11 | 4:34 | 13,1 | 00:45:39 | 00:45:41 | 15 | |
| 16 | 614 | WOŁOSZYN PIOTR | WARSZAWA | | POL | 1980 | M36-55 | 12 | 4:43 | 12,7 | 00:47:08 | 00:47:11 | 16 | |
| 17 | 500 | ALBERSKI WOJCIECH | WARKA | KS Start Pułaski Warka | POL | 1964 | M56+ | 2 | 4:48 | 12,5 | 00:48:01 | 00:48:02 | 17 | |
| 18 | 606 | SZYMAŃSKI HUBERT | ŁOMIANKI | Team ZabieganeDni | POL | 1979 | M36-55 | 13 | 4:49 | 12,5 | 00:48:05 | 00:48:09 | 18 | |
| 19 | 540 | KORENKIEWICZ MARCIN | MARKI | Szwagry | POL | 1985 | M36-55 | 14 | 4:49 | 12,4 | 00:48:05 | 00:48:13 | 19 | |
| 20 | 612 | WIŚNIEWSKI PATRYCJUSZ | BANIOCHA | KS PEGAZ | POL | 1982 | M36-55 | 15 | 4:50 | 12,4 | 00:48:10 | 00:48:16 | 20 | |
| 21 | 504 | BARTCZAK ROBERT | WARSZAWA | | POL | 1970 | M36-55 | 16 | 4:52 | 12,3 | 00:48:29 | 00:48:36 | 21 | |
| 22 | 508 | BIENIEK PIOTR | PIASECZNO | PKP Intercity Running Team | POL | 1988 | M16-35 | 4 | 4:52 | 12,3 | 00:48:38 | 00:48:39 | 22 | |
| 23 | 519 | DĄBROWSKI KAMIL | KRĘPA | | POL | 1991 | M16-35 | 5 | 4:53 | 12,3 | 00:48:50 | 00:48:53 | 23 | |
| 24 | 549 | KUC ANNA | WARSZAWA | Bractwo Biegowe BGK | POL | 1973 | K36-55 | 1 | 4:54 | 12,2 | 00:48:59 | 00:49:01 | | 1 |
| 25 | 592 | SIENKIEWICZ PAWEŁ | WARSZAWA | Team ZabieganeDni | POL | 1980 | M36-55 | 17 | 4:56 | 12,1 | 00:49:18 | 00:49:23 | 24 | |
| 26 | 603 | SZUMPUR MARIUSZ | SUŁKOWICE | Gmina Chynów Biega | POL | 1982 | M36-55 | 18 | 4:57 | 12,1 | 00:49:28 | 00:49:30 | 25 | |
| 27 | 501 | BABIARZ ANDRZEJ | ZIELONKA | | POL | 1974 | M36-55 | 19 | 4:58 | 12,1 | 00:49:34 | 00:49:37 | 26 | |
| 28 | 596 | STAŃCZYK MICHAŁ | ZŁAKÓW KOŚCIELNY | | POL | 1989 | M16-35 | 6 | 4:58 | 12,1 | 00:49:38 | 00:49:44 | 27 | |
| 29 | 571 | PATOLETA EDYTA | WARSZAWA | Bemowo Biega | POL | 1975 | K36-55 | 2 | 4:59 | 12,0 | 00:49:46 | 00:49:48 | | 2 |
| 30 | 605 | SZYMAŃSKA AGNIESZKA | ŁOMIANKI | Team ZabieganeDni | POL | 1977 | K36-55 | 3 | 5:00 | 12,0 | 00:50:00 | 00:50:04 | | 3 |
| 31 | 557 | MALCZAK PIOTR | GRODZISK MAZOWIECKI | DOGOŃ Grodzisk Mazowiecki | POL | 1979 | M36-55 | 20 | 5:03 | 11,9 | 00:50:24 | 00:50:26 | 28 | |
| 32 | 503 | BARAN ZENON | WARSZAWA | Homokomando | POL | 1960 | M56+ | 3 | 5:03 | 11,9 | 00:50:16 | 00:50:28 | 29 | |
| 33 | 572 | PAWIŃSKI ARTUR | WARSZAWA | Adidas Runners Warsaw | POL | 1978 | M36-55 | 21 | 5:06 | 11,8 | 00:50:56 | 00:51:02 | 30 | |
| 34 | 601 | SZMAJDOWICZ PAWEŁ | KONSTANCIN JEZIORNA | Fachdom Team | POL | 1972 | M36-55 | 22 | 5:06 | 11,8 | 00:50:57 | 00:51:03 | 31 | |
| 35 | 604 | SZYLBERG PIOTR | WARSZAWA | Team ZabieganeDni | POL | 1982 | M36-55 | 23 | 5:06 | 11,8 | 00:50:58 | 00:51:03 | 32 | |
| 36 | 537 | KOMOROWSKI MATEUSZ | WARSZAWA | Ks Wicherek | POL | 1986 | M16-35 | 7 | 5:08 | 11,7 | 00:51:16 | 00:51:21 | 33 | |
| 37 | 520 | DĘBKOWSKA LIDIA | OTWOCK | TUPTUŚ Otwock | POL | 1984 | K36-55 | 4 | 5:11 | 11,6 | 00:51:48 | 00:51:50 | | 4 |
| 38 | 564 | MIESIAK DANIEL | PIASECZNO | | POL | 1994 | M16-35 | 8 | 5:11 | 11,6 | 00:51:42 | 00:51:52 | 34 | |
| 39 | 511 | BOROŃ RYSZARD | NOWA IWICZNA | | POL | 1960 | M56+ | 4 | 5:12 | 11,5 | 00:51:53 | 00:52:02 | 35 | |
| 40 | 565 | MORAWSKI PIOTR | JULIANÓW | | POL | 1985 | M36-55 | 24 | 5:13 | 11,5 | 00:51:58 | 00:52:10 | 36 | |
| 41 | 597 | STRZELCZYK MARIUSZ | PIASECZNO | | POL | 1980 | M36-55 | 25 | 5:14 | 11,5 | 00:52:13 | 00:52:23 | 37 | |
| 42 | 529 | GRABOWSKI HUBERT | KONSTANCIN-JEZIORNA | | POL | 1978 | M36-55 | 26 | 5:15 | 11,4 | 00:52:17 | 00:52:26 | 38 | |
| 43 | 568 | NOWICKI KRYSZTIAN | BOROWINA | Biegający z dzikami | POL | 1989 | M16-35 | 9 | 5:18 | 11,3 | 00:52:52 | 00:52:55 | 39 | |
| 44 | 502 | BACA DANIEL | KOZIENICE | WKZ KOZIENICE BBL | POL | 1979 | M36-55 | 27 | 5:19 | 11,3 | 00:53:07 | 00:53:09 | 40 | |
| 45 | 591 | SAWICZ ARTUR | WARSZAWA | P&G Running Team | POL | 1970 | M36-55 | 28 | 5:20 | 11,3 | 00:53:15 | 00:53:19 | 41 | |
| 46 | 532 | JAKUBIEC TOMASZ | CHRZANÓW MAŁY | DOGOŃ Grodzisk Mazowiecki | POL | 1986 | M16-35 | 10 | 5:20 | 11,2 | 00:53:22 | 00:53:24 | 42 | |

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Dystans: 10km

Klasyfikacja: Open

| M-ce | Nr zaw. | Nazwisko Imię | Miejscowość | Klub | Kraj | Rok urodz. | Kat wiek. | M-ce w kat | tempo min/km | tempo km/h | Czas netto | Wynik | M | K |
|------|---------|-------------------------------------|---------------------|--|------|------------|-----------|------------|--------------|------------|------------|-----------------|----|---|
| 47 | 548 | KRUPA AGNIESZKA | | | POL | 1978 | K36-55 | 5 | 5:24 | 11,1 | 00:53:56 | 00:53:59 | | 5 |
| 48 | 526 | GESZPRYCH MAREK | ZĄBKI | Drużyna Blaneczki | POL | 1976 | M36-55 | 29 | 5:25 | 11,1 | 00:54:05 | 00:54:08 | 43 | |
| 49 | 626 | KRZEPA KRZYSZTOF | | | POL | 1974 | M36-55 | 30 | 5:26 | 11,1 | 00:54:12 | 00:54:15 | 44 | |
| 50 | 521 | DRAPAŁA JAREK | KOZIENICE | Wkz bbl | POL | 1972 | M36-55 | 31 | 5:26 | 11,1 | 00:54:15 | 00:54:16 | 45 | |
| 51 | 560 | MAŚLANKA PIOTR | KONSTANCIN-JEZIORNA | | POL | 1972 | M36-55 | 32 | 5:26 | 11,1 | 00:54:10 | 00:54:16 | 46 | |
| 52 | 513 | BUZAK ŁUKASZ | BOROWINA | | POL | 1986 | M16-35 | 11 | 5:27 | 11,0 | 00:54:26 | 00:54:30 | 47 | |
| 53 | 609 | URBANIAK ROBERT | WARSZAWA | | POL | 1977 | M36-55 | 33 | 5:28 | 11,0 | 00:54:36 | 00:54:40 | 48 | |
| 54 | 584 | RIDINGER MICHAŁ | PIASECZNO | Elblewery | POL | 1984 | M36-55 | 34 | 5:32 | 10,9 | 00:54:58 | 00:55:16 | 49 | |
| 55 | 583 | RATAJ MARIUSZ | GÓRA KALWARIA | | POL | 1977 | M36-55 | 35 | 5:32 | 10,8 | 00:55:09 | 00:55:20 | 50 | |
| 56 | 542 | KOWALCZUK ANNA | WARSZAWA | | POL | 1994 | K16-35 | 1 | 5:32 | 10,8 | 00:55:19 | 00:55:21 | 6 | |
| 57 | 510 | BOROŃ IZABELA | NOWA IWICZNA | | POL | 1975 | K36-55 | 6 | 5:34 | 10,8 | 00:55:28 | 00:55:37 | 7 | |
| 58 | 633 | TURCZYŃSKA MONIKA | | | POL | 1973 | K36-55 | 7 | 5:36 | 10,7 | 00:55:56 | 00:56:02 | 8 | |
| 59 | 530 | GRĄDZIK MARCIN | DŁUGOSIODŁO | | POL | 1990 | M16-35 | 12 | 5:37 | 10,7 | 00:56:00 | 00:56:08 | 51 | |
| 60 | 567 | NITA MARCIN | ZIELONKA | | POL | 1983 | M36-55 | 36 | 5:41 | 10,6 | 00:56:33 | 00:56:45 | 52 | |
| 61 | 625 | KRAJEWSKI PRZEMYSŁAW | | | POL | 1973 | M36-55 | 37 | 5:41 | 10,6 | 00:56:40 | 00:56:46 | 53 | |
| 62 | 616 | ZADROŻNA MARZENA | GARWOLIN | | POL | 1977 | K36-55 | 8 | 5:41 | 10,6 | 00:56:39 | 00:56:47 | 9 | |
| 63 | 509 | BODYCH ANNA | GOŁKÓW | Kondycja | POL | 1990 | K16-35 | 2 | 5:41 | 10,6 | 00:56:42 | 00:56:49 | 10 | |
| 64 | 525 | GECOW MARCIN | WARSZAWA (BIELANY) | | POL | 1988 | M16-35 | 13 | 5:47 | 10,4 | 00:57:42 | 00:57:48 | 54 | |
| 65 | 570 | PARTYKA AGNIESZKA | WARSZAWA | Team ZabieganeDni | POL | 1972 | K36-55 | 9 | 5:47 | 10,4 | 00:57:47 | 00:57:51 | 11 | |
| 66 | 587 | RUTKOWSKI JANUSZ | LATCHORZEW | Warszawski Klub Rogatego Morsa | POL | 1975 | M36-55 | 38 | 5:47 | 10,4 | 00:57:49 | 00:57:54 | 55 | |
| 67 | 608 | TARCOŃ AGATA | CIECISZEW | Zmitek-Team | POL | 1979 | K36-55 | 10 | 5:49 | 10,3 | 00:58:06 | 00:58:09 | 12 | |
| 68 | 580 | PRĘDKOPOWICZ DANIEL | RADONIE | WGB/ Dogoń Grodzisk Maz./ Radonie Runn | POL | 1979 | M36-55 | 39 | 5:49 | 10,3 | 00:58:13 | 00:58:14 | 56 | |
| 69 | 527 | GOLDA MICHAŁ | WARSZAWA | | POL | 1984 | M36-55 | 40 | 5:51 | 10,3 | 00:58:17 | 00:58:27 | 57 | |
| 70 | 517 | CZAPLIŃSKI MARCIN | GRÓJEC | | POL | 1978 | M36-55 | 41 | 5:52 | 10,2 | 00:58:24 | 00:58:36 | 58 | |
| 71 | 582 | PYZEL AGNIESZKA | KONSTANCIN JEZIORNA | KS Pegaz | POL | 1968 | K36-55 | 11 | 5:55 | 10,1 | 00:59:03 | 00:59:15 | 13 | |
| 72 | 535 | KNAP WOJCIECH | WARSZAWA | | POL | 1960 | M56+ | 5 | 5:56 | 10,1 | 00:59:15 | 00:59:23 | 59 | |
| 73 | 550 | KUCIŃSKI ŁUKASZ | WARSZAWA | | POL | 1978 | M36-55 | 42 | 5:58 | 10,1 | 00:59:30 | 00:59:36 | 60 | |
| 74 | 547 | KRAWCZYK DANIEL | ŻABIENIEC | Kondycja | POL | 1974 | M36-55 | 43 | 5:58 | 10,1 | 00:59:33 | 00:59:41 | 61 | |
| 75 | 631 | KRAJEWSKA URSZULA | | | POL | 2002 | K16-35 | 3 | 5:59 | 10,0 | 00:59:39 | 00:59:47 | 14 | |
| 76 | 562 | MERCHELSKI PIOTR | WARSZAWA | | POL | 1984 | M36-55 | 44 | 6:00 | 10,0 | 00:59:48 | 00:59:56 | 62 | |
| 77 | 595 | STANKIEWICZ KAMIL | WARSZAWA | | POL | 1992 | M16-35 | 14 | 6:00 | 10,0 | 00:59:54 | 01:00:01 | 63 | |
| 78 | 574 | PŁOCHOWSKI ARKADIUSZ | KARCZEW | | POL | 1978 | M36-55 | 45 | 6:01 | 10,0 | 01:00:03 | 01:00:07 | 64 | |
| 79 | 543 | KOWALCZYK BOGDAN | WARSZAWA | Warszawa-Bródno | POL | 1962 | M56+ | 6 | 6:02 | 9,9 | 01:00:16 | 01:00:21 | 65 | |
| 80 | 618 | ZAKRZEWSKA ANNA | JÓZEFOSŁAW | | POL | 1979 | K36-55 | 12 | 6:03 | 9,9 | 01:00:19 | 01:00:27 | 15 | |
| 81 | 585 | ROGUZIŃSKI RADOSŁAW | STARA IWICZNA | RDX | POL | 1982 | M36-55 | 46 | 6:06 | 9,8 | 01:00:55 | 01:01:04 | 66 | |
| 82 | 506 | BIAŁOWĄS ADRIANNA | KONSTANCIN-JEZIORNA | | POL | 1994 | K16-35 | 4 | 6:07 | 9,8 | 01:01:05 | 01:01:10 | 16 | |
| 83 | 593 | SITO IWONA | LATCHORZEW | | POL | 1980 | K36-55 | 13 | 6:11 | 9,7 | 01:01:49 | 01:01:53 | 17 | |
| 84 | 518 | DAŁEK DOMINIK | ŁOWICZ | | POL | 1980 | M36-55 | 47 | 6:13 | 9,6 | 01:01:57 | 01:02:11 | 67 | |
| 85 | 544 | KOZŁOWSKA-SAWICKA MAŁGORZATA | BANIOCHA | Kondycja Piaseczno | POL | 1963 | K56+ | 1 | 6:13 | 9,6 | 01:02:04 | 01:02:12 | 18 | |
| 86 | 599 | SUWALD ANDRZEJ | WARSZAWA | | POL | 1961 | M56+ | 7 | 6:19 | 9,5 | 01:02:54 | 01:03:06 | 68 | |
| 87 | 627 | RUTKOWSKA MAJA | WARSZAWA | Team ZabieganeDni | POL | 1985 | K36-55 | 14 | 6:21 | 9,4 | 01:03:21 | 01:03:30 | 19 | |
| 88 | 588 | RUTKOWSKI PAWEŁ | WARSZAWA | Team ZabieganeDni | POL | 1985 | M36-55 | 48 | 6:21 | 9,4 | 01:03:22 | 01:03:32 | 69 | |
| 89 | 558 | MARCZAK GRAŻYNA | WARSZAWA | Leczo Team | POL | 1953 | K56+ | 2 | 6:22 | 9,4 | 01:03:33 | 01:03:39 | 20 | |
| 90 | 630 | GADOMSKA MAŁGORZATA | WARSZAWA | | POL | 1970 | K36-55 | 15 | 6:26 | 9,3 | 01:04:09 | 01:04:20 | 21 | |
| 91 | 620 | ZIARKO JOANNA | WARSZAWA | | POL | 1976 | K36-55 | 16 | 6:26 | 9,3 | 01:04:13 | 01:04:20 | 22 | |
| 92 | 590 | SAWCZUK MARTA | WARSZAWA | SGGW Runners | POL | 1991 | K16-35 | 5 | 6:30 | 9,2 | 01:04:51 | 01:05:01 | 23 | |

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|------|---------|----------------------|---------------------|--------------------|------|------------|-----------|------------|--------------|------------|------------|-----------------|----|----|
| 93 | 531 | JAKUBASZEK MAGDALENA | WARKA | | POL | 1986 | K16-35 | 6 | 6:31 | 9,2 | 01:05:01 | 01:05:08 | | 24 |
| 94 | 613 | WOJTASIŃSKI RAFAŁ | GRODZISK MAZOWIECKI | GrodziskMazowiecki | POL | 1977 | M36-55 | 49 | 6:33 | 9,2 | 01:05:24 | 01:05:28 | 70 | |
| 95 | 632 | ULIASZ GRZEGORZ | | | POL | 1978 | M36-55 | 50 | 6:35 | 9,1 | 01:05:44 | 01:05:48 | 71 | |
| 96 | 611 | WESOŁOWSKI ŁUKASZ | ZALESIE GÓRNE | | POL | 1984 | M36-55 | 51 | 6:41 | 9,0 | 01:06:47 | 01:06:54 | 72 | |
| 97 | 615 | WOŹNIAK KARINA | PIASECZNO | | POL | 1986 | K16-35 | 7 | 6:45 | 8,9 | 01:07:19 | 01:07:34 | | 25 |
| 98 | 573 | PLUTA JUSTYNA | WARSZAWA | SKS Poziomka | POL | 1976 | K36-55 | 17 | 6:58 | 8,6 | 01:09:32 | 01:09:36 | | 26 |
| 99 | 576 | PŁUCIENNIK MARCIN | PRUSZKÓW | Rozbiegany Piastów | POL | 1974 | M36-55 | 52 | 7:04 | 8,5 | 01:10:26 | 01:10:37 | 73 | |
| 100 | 575 | PŁUCIENNIK JOANNA | PRUSZKÓW | Rozbiegany Piastów | POL | 1981 | K36-55 | 18 | 7:12 | 8,3 | 01:11:49 | 01:12:01 | | 27 |
| 101 | 556 | MACIASZEK PAULINA | PRUSZKÓW | Rozbiegany Piastów | POL | 1983 | K36-55 | 19 | 7:13 | 8,3 | 01:11:53 | 01:12:05 | | 28 |
| 102 | 628 | GADOMSKI KRZYSZTOF | WARSZAWA | | POL | 1960 | M56+ | 8 | 8:26 | 7,1 | 01:24:06 | 01:24:17 | 74 | |